

Webinar on

2 Useful Webinars For Implementation Of A Successful Workplace Environment

Webinar Description

The bundle of course mentioned below will briefly discuss the process and follow up to build a mentally healthy organization, successful worksite wellness program and dealing with ADHD in the workplace.

The webinar format is 1-1.5 hours of audio-visual presentation, including a brief Q&A session.

This webinar bundle includes below 3 recorded webinars:

Mental Illness Awareness Skills for Your Workplace

The 20 Essential Characteristics of Successful Worksite Wellness Programs



Mental Illness Awareness Skills for Your Workplace

Presented by Jim Zalud

1,000,000 people in the U.S. miss work each day, due to stress. That converts to over 300 Million lost workdays per year. Can your company afford to be part of this equation? I don't think so. Depression alone results in more days of disability than heart disease, hypertension, and diabetes. The cost alone to treat mood disorders is around \$50 BILLION. Depression that is untreated, undiagnosed, or ineffectively treated, is the number 1 cause of suicide. Do you, your executives, and fellow employees, know how to identify and deal with someone who may be suicidal?

Mentally healthy workplaces are positive and productive and get the best out of their people. Businesses that actively promote good mental health attract and retain top talent because they're great places to work. By supporting people with mental health conditions and encouraging openness, they create workplace cultures that are diverse and inclusive. Untreated mental health conditions cost American employers billions every year through absenteeism, reduced productivity and compensation claims. Other effects of a mentally unhealthy workplace include poor morale and staff engagement, high staff turnover and potential penalties for breaches of work health and safety legislation. The business's reputation is also at risk among potential clients, customers and employees.



The 20 Essential Characteristics of Successful Worksite Wellness Programs

Presented by Dr. Don R. Powell

This talk will address the many factors to be considered in the design and implementation of a successful worksite wellness program. As research on the effectiveness of worksite wellness programs is showing the positive effects for both the employee and organization, it is important to ensure that your program is the best in class. A Harvard study found that companies who provide worksite wellness programs have an average return on investment of \$3.27 to 1 due to reduced health-care costs and a return on investment of \$2.73 to 1 due to reduced absenteeism. This talk will address the many factors to be considered in the design and implementation of a successful worksite wellness program. It will also examine the issues an organization may face, the array of options a company can choose from, as well as provide the tips and strategies necessary to ensure that the worksite wellness program is successful and ongoing.



To register please visit:

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